## BECKER BULLETIN

September 22, 2023



# "Start with Hello" Week

This past week, Healthy Learning Academy engaged in "Start with Hello" Week, a national call-to-action week dedicated to making new social connections and creating a sense of belonging among youth.

Monday was "Mix it Up Monday" where students were encouraged to sit with someone else during snack/lunch. Tuesday was "Upstander Tuesday." Students intervened and helped others who felt alone or bullied. Wednesday was "Wear Green" for a schoolwide photo. On Thursday, students completed a "Trusted Adult" thank you note. And, on Friday, we had "Moving Forward Fri Yay!" where students reflected on the week and did a schoolwide art project.

#### The Week In Review

**ELA**: This week, we covered types of sentences, and focused on the prefix "mono-."

<u>Math</u>: Students tested on Ch. 4, and just began learning about multiplying decimals and whole numbers in Ch. 5. <u>Science</u>: Students continued to learn about Scientists at Work in Unit 1.

<u>SS</u>: The class has been learning about geography basics, and will test soon!

### Word of the Week:

Our word of the week was "belonging." The social ties that accompany a sense of belonging are a protective factor helping manage stress and other behavioral issues. When we feel we have support and are not alone, we are more resilient, and can cope more effectively with difficult times.

#### Miscellaneous

#### Yoga Pose of the Week

This past week, Mr. Weissler and I led yoga and introduced students to our "Yoga Pose of the Week," which was "Cow Pose."



#### Spelling

Students, you need to neatly write each of the following words with large, legible print on the index cards sent home today. Try to do them in cursive! This week, we will focus on words with r-controlled vowels.

absorb	corporation	margin	square	adore	depart
partial	support	court	important	source	upstairs

#### **Upcoming Dates**

Friday, October 6- UF Homecoming (No School)
Wednesday, October 11- Family Focus Hour on Phonics (8:00-9:00)
Monday, October 16- Teacher Workday (No School)

#### Notes

Parents, please be sure to complete the "Volunteer Application" on the HLA website. While there, check out our Sign-Up Genius page and start to get your hours in! We have daily tasks, as well as things like cooking for PI Night available!