

# Healthy Learning Academy

A Tuition-Free, Elementary Charter School  
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*Happy New Year!!*

## IMPORTANT JANUARY DATES:

- \*January 16<sup>th</sup> - No school – Martin Luther King, Jr. birthday holiday
- \*January 17<sup>th</sup> - HLA Board of Directors meeting – 4:30 p.m.
- \*January 17<sup>th</sup> - No school – teacher workday
- \*January 19<sup>th</sup> - Parent Involvement night – homework help/focus/organization (see reverse)

\*As we return to school, please remember the following: **Send a healthy snack and a fresh water bottle (labeled) with your children every day!** Research has confirmed that it is essential for your children's health and learning that they stay hydrated and eat healthy foods. Send plasticware and napkins with snacks and lunch. **Label your children's clothing** and double check to ensure your children have all their belongings (backpack, folders, water bottles, snack and lunch bags, and outer clothing) when they leave at the end of the day, or when picking up from after care. Please check our lost and found for missing items.

\*Cold and flu season has hit HLA hard. Please be sure to get your children's flu shot (flu mist was not offered through the school district this year). Also, **be sure your child does not return to school until they are fever/vomit/diarrhea free or have been on antibiotics for at least 24 hours.**

\*We will be participating in the Five Points of Life Kids Marathon on Saturday, February 25th. It will be FREE to register before January 23, \$5 before February 24, and \$10 after February 24. Even if your child has not been participating in Run Club or Morning Mile, this is a great opportunity to get them out there to walk/run one mile. All participants receive beautiful medals and t-shirts. For more information and to register your children, please visit: <http://www.fivepointsoflife.com/race/registration/kids-marathon/>. Some of the children and parents may want to run the actual 5K race. We hope to have excellent school representation for this amazing community event which promotes blood and organ donation. For more information, ask any staff member.

\*If you have a child you would like to register for kindergarten in August of 2017, please email Mrs. Egan (if you have not already done so) and we will send home an application. Applications must be turned in before the March 1<sup>st</sup> deadline for your child to be considered for admission.

\* **A big THANK YOU to all who are already volunteering on a regular basis!! We love and appreciate you all!** We need everyone's help during the second half of the year. Please visit our website at [www.healthylearningacademy.com](http://www.healthylearningacademy.com), click on the Volunteer Sign Up link, and then on a tab at the top of the page for more information. We cannot continue to offer Morning Mile, Run Club, library, gardening or many of our other programs without dedicated volunteers. **If everyone could just sign up for one time slot a week or month, the burden of the work would not continue to fall on the same group of people, and everyone could easily fulfil their volunteer commitment.**

*Thank you! ☺*

Mission Statement: To provide excellence in education with a focus on lifelong health, nutrition, and fitness for the creative mind and healthy body.