

# Healthy Learning Academy

August 28, 2015

Dear Parents,

Again welcome to HLA and welcome to my kindergarten class! I am very excited about getting to know all of you and already feel a wonderful connection with your children. After what feels like a long, busy and fun week, the children and I are just beginning to get to know each other and to develop some needed stamina! I'm sure your children have been coming home rather tired each day. Please see the TOW (Tip of the Week) below.

The children are also beginning to internalize the rules and routines of the day. During the first few weeks, there are frequent reminders about sitting quietly during presentation time, raising hands to share, and walking quietly in a straight line through the building. Your child is coming to understand that life at school is different than at home and that he /she is now 1 of 18 children. I try to give the children as much choice and involvement in decision making processes as possible, however, there will also be many times when I ask each child to engage in a particular task or activity. Those of you, who have spent time with me, know that I am direct, but very kind and caring with the children. So far the children seem to be not only surviving the pressures of this new school routine, but are joyfully moving through the day with their new friends!! ☺

**Ask Your Child About:** What are the HLA "ABC" rules? What are the **5 primary rules in the classroom?** Hint: #5 = "Make your dear teachers happy!" What works did he/she choose from the shelves? (Ex. Matching Shape Bags, Binomial Cube, Tong Sorting work, Bean Bowl, Lacing Cards, Estimation Jar, Metal Insets? What is the *Thanks A Lot* song about? How many of your friends' names can you remember? What did you do in P.E. with Mr. Mike? And what did you learn from Ms. Katje in art class?

#### Reminder:

- \* **Please make sure all items (lunch boxes, containers, jackets) are clearly labeled for easy identification)**
- \***Please separate your child's snacks from his/her lunch. 2 Labeled separate bags are very helpful.**
- \* **Friday September 4** will begin our first (**simple**) homework schedule for the following week.

**TOW (Tip of the Week):** Please make sure your children are well rested, and getting enough sleep at night. These are loooooong days right now ☺

I hope you all have a lovely, restful weekend!

Kindly,

Ms. Sydney

Please keep the newsletter to refer to. **Thank you for returning your comments, questions and signature.**

Please don't hesitate to contact me at school or via email at [sdoherty@hlacharter.com](mailto:sdoherty@hlacharter.com)

-----  
Comments/questions \_\_\_\_\_

**Please sign (print) & return** \_\_\_\_\_

\* **For efficient communication purposes...**How often do you check your emails?

Once / twice a week \_\_\_\_\_

Once a day \_\_\_\_\_

Twice a day \_\_\_\_\_