

Healthy Learning Academy  
September 4, 2015

Dear Parents,

We have had a great second week. The children are reaching out to each other and to Ms. Michelle and myself. We already feel like a bonded little community. And though some children are still finding the adjustment to a new school with new friends challenging, I have seen our kindergarten children and students from other grades happily offering support throughout the day in a variety of ways. **Our word of the week is *community*** and I must say that HLA has shown what a strong kind community it is.

I know these are long days for our young children, but know that the kids are having fun, are learning a lot and are beginning to adjust to the demands of life at school.

**Questions to ask your child:** What do plants need to grow? What seeds did you plant this week? What is seed dispersal? Who helps plant the coconut seed? What did you paint with finger paints? What work from the shelf did you learn to do? You should also ask your child about what he/she is doing in PE, Art and Yoga. Also ask about the "touch pools" that Brian's dad David brought in. What did you see and touch??

**Skill of the month: Listening to others...hearing what is being said.** Please make sure your child is listening with his/her whole body...ears, eyes, and body. I think we have become too acclimated to multi-tasking. The children's listening skills are shockingly weak. We as a class will work consistently on this.

**Tip of the week:** Please encourage your child to take on the responsibility of assisting with preparations for school: i.e. snack, water bottle, and sweater. Maybe make a simple checklist that he/she can manage.

**Reminder:**

**\*No school on Monday September 7, 2015 so we may celebrate Labor Day. Enjoy, rest!**

**Thank you** to Mr. Beckerink for bringing the Touch Pools and the Beta garden for the children to enjoy!

Hope you have a joyful long weekend!

Kindly,

Ms. Sydney

Please keep the newsletter to refer to. Thank you for returning your comments, questions and signature.

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Comments/questions\_\_\_\_\_

Please sign & return\_\_\_\_\_