## Healthy Learning Academy September 25, 2015

Dear Parents,

**WOW**: Self-awareness. A lot of different thoughts were shared about this concept...from being aware of how what one says or does can affect the people immediately around, recognizing how one feels inside and the importance of learning to how to share that part of ourselves, and then celebrating who we are (including our many unique qualities).

Questions to ask your child: What are some animals that are native to Florida? What are some non-native animals that you might find in Africa or some other part of the world? How tall are the sugar snap plants now? Ask about art and PE? What skills are you learning? We also spent some time reading about and sharing how it feels when someone is not being kind. I spoke of a no-tolerance policy at school for unkind words and actions that intentionally hurt a friend. Please remind your child, as I have, that he/she should share with me when he/she feels as though someone is being hurtful. I want everyone to feel safe at school and look forward to walking in HLA's front door.

**Welcome**: Please welcome our two new students and their families, Payton Howell and Addisen Brandow. When you see some new faces in our kindergarten area, kindly extend a welcoming 'hello"! We now have a full class of 17.

## Reminder:

\*Scholastic order forms are due Wednesday, September 30, 2015
\*Progress Reports will be going home in your child's folder on Tuesday September 29th.

\*10/1 School, class and staff pictures on October 1st beginning at 8:30 a.m.

\*Believe it or not, the kids are complaining of being cold outside in the mornings. Please pack a light sweatshirt or sweater (labeled) that can be kept in backpacks for chilly mornings!

**Tip of the week**: Help your child take responsibility for your *getting ready for school routines* set for the new school year (getting ready in the morning, making snack/lunch, bedtime routines, etc.)

Thanks for all you do! Kindly, Ms. Sydney

Please keep the newsletter to refer to. Thank you for returning your comments, questions and signature.
Comments/questions Please sign & return