

Matts Memos
August 31st – September 4th, 2015

***First Week** - We had an excellent first week of school! The children are working very hard and I am so proud of their accomplishments so far! **Please help your children be ready for school each day by making sure they get at least 8 hours of sleep each night, limiting television, and providing a healthy breakfast.**

****EMAIL-** Please indicate in the response section below how often you check your email (daily, weekly, hardly ever), and whether or not you have been receiving my and Mrs. Egan's emails. Also, if there is anyone else who you would like for me to include in my email list to receive newsletters, notices, etc., please neatly write their name and email information below.

*****Snack and water** - Please continue to remember to send a **healthy** snack **and** fresh water bottle with your children every day. **Please pack needed plastic or silver utensils and a napkin, too.** It is vital to student learning that they drink fresh water throughout the day. Students are required to bring a water bottle, labeled with their name, to school each day. Students who do not have a water bottle will be given a brand new one with their name on it.

******Homework** - Your children need to make their spelling flashcards this weekend. Please have them write each word on a separate index card that have been provided for them (in their zipper pouch which is located in their home folder). It is important that your children do not just write the words, but study them as they write them. I will send home a newsletter each Friday, so the children can make their flashcards over the weekend. That will be the only weekend homework assignment. They will be tested on the words each Friday (or Thursday if it is a short week). **I have also put this week's reading log in the home folder. Please have students read for at least 15 minutes each night. They will be required to write at least one summary a week. Please see the sheet about writing summaries in your children's purple home folder. Don't forget, this is part of their reading grade!!**

*******Home Folders and planners** – Please check your children's back pack for their home folder **every night**. This is where you will find important papers and communications from me. Please empty the “Keep at home” side on most nights to help with organization. For the planners, you will need to initial them each night in the spot provided.

*******Tip of the Week-** Make sure your children are getting enough sleep. Children ages 5 to 12 need 10 to 11 hours of sleep, according to the National Sleep Foundation. Yet studies show that most kids are getting about an hour less sleep each night than they did 30 years ago.

*******School Days-** Please be sure to ask your children about the following from this past week: our teamwork activity, completing beginning of the year testing, All about Me activity, reviewing our rules and procedures, our phrase of the week “New beginnings”, and what is going on in PE, Art - this week the students have talked about rules and procedures. Next week they will discuss jobs for artists and students' personal goals for art, and Morning Meeting.

Spelling List

(closed syllable – cvc – short a and e sound)

administer	ketchup	grammar	ladder	festival
gallantly	admittance	packet	exclude	kennel

****This section is for you!** Please feel free to write any questions/comments/concerns you may have for me in this space. **Please sign and return so I'll know you have read this newsletter.**

Signature _____